



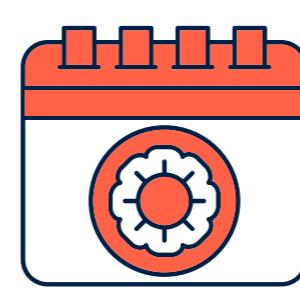
# Allergy Immunotherapy: Quick Reference for Pharmacy Teams

## Engagement – Identifying Good Candidates for SLIT

Customers may be good candidates if they:



Buy antihistamines, nasal sprays, or eye drop



Experience seasonal or year-round symptoms



Suffer from sneezing, runny nose, itchy eyes/throat



Want to reduce reliance on medication / seeking a long term treatment

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### Suggested Script for Counter Staff

When a customer comes in to buy allergy medication, ask:



"Are you struggling with hay fever or another kind of allergy at the moment?"

**If Yes**

"There's a permanent treatment available that can actually stop allergy symptoms long term - not just mask them. It's now offered here in our pharmacy with a quick pharmacist consultation."



**Then ask:**

"Would you be interested in this kind of long-term treatment?"



**If Yes**

"I can book you in for a short consultation with our pharmacist — they'll confirm your allergy and explain next steps."

→ Book customer in with pharmacist



**If No**

"No problem. Here's a leaflet with more information. You're welcome to book later if you change your mind."

→ Provide "Pharmacy Allergy Treatment" leaflet

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Help customers find  
lasting relief from hay  
fever and allergies



Scan for  
full training  
materials

## Who is Eligible for Treatment?

Allergen	Minimum Age	Symptom Type
Grass/Birchpollen	5+	Seasonal rhinitis
House dust mite	5+	Year-round rhinitis

## What Happens Next?



### Pharmacist Consultation

- Short history taken
- Skin prick test performed
- Pharmacist explains results and next steps



### First Dose Supervised

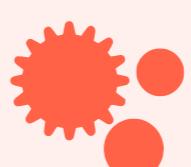
- Tablet placed under tongue in pharmacy
- Pharmacist observes for 30 minutes
- Side effects usually mild and temporary



### Home Treatment

- One tablet daily at home
- Continue for 3 years for long-term results
- AllergyRhino follow-up

### Important Notes for Staff



This is for environmental  
allergies only (e.g. pollen,  
dust, mould)



It is not suitable for food  
allergies



Treatment is safe and well-  
tolerated